

# Guides and Stories

## Culinary Diary

For in-depth descriptions of all dishes, check out our post here:  
<https://guidesandstories.com/best-food-in-vietnam/>

# My Taste of Vietnam

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## A token for travelers

This digital diary is a symbol of sustainable travel, built for **reusing and sharing**, just like so many other things should be.

**It's meant to be passed on:** add your name to the list of owners, and if you meet other food-curious travelers, pass it along. They can get inspiration from your notes, and with a little effort, reuse it to start their own delicious journey. Let's see how many happy travelers this shared experience can create.

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**iPhone users:** You can fill this journal using the built-in PDF editor. Download the file and remember to tap "Done" after each edit.

**Android users:** Please download the free Adobe Acrobat Reader app to fill in this dairy — most default android viewers don't support form editing

# Main Dishes

Banh xeo – Crispy Pancake

Rating (1–10):

Enjoyed At:

Opinion:

Bun cha – Grilled Pork with Noodles

Rating (1–10):

Enjoyed At:

Opinion:

Ca kho to – Caramelized Fish in a Clay Pot

Rating (1–10):

Enjoyed At:

Opinion:

Ca tai tuong chien xu – Deep-Fried Elephant Ear Fish

Rating (1–10):

Enjoyed At:

Opinion:

Cao lau – Hoi An Noodle Dish

Rating (1–10):

Enjoyed At:

Opinion:

# Main Dishes

Bun dau mam tom – DIY Rolls With Fermented Shrimp Paste

Rating (1–10):

Enjoyed At:

Opinion:

Banh mi – Vietnamese Sandwich

Rating (1–10):

Enjoyed At:

Opinion:

Com hen – Clam Rice

Rating (1–10):

Enjoyed At:

Opinion:

Com tam – Broken Rice

Rating (1–10):

Enjoyed At:

Opinion:

# Soups & Stews

Bo kho – Beef Stew

Rating (1–10):

Enjoyed At:

Opinion:

Bun bo Hue – Spicy Beef Noodle Soup

Rating (1–10):

Enjoyed At:

Opinion:

Bun rieu – Crab Noodle Soup

Rating (1–10):

Enjoyed At:

Opinion:

Bun thang – Chicken Noodle Soup

Rating (1–10):

Enjoyed At:

Opinion:

Canh chua – Sweet and Sour Soup

Rating (1–10):

Enjoyed At:

Opinion:

# Soups & Stews

Canh kho qua nhoi thit – Stuffed Bitter Melon Soup

Rating (1–10):

Enjoyed At:

Opinion:

Hu tieu – Pork Noodle Soup

Rating (1–10):

Enjoyed At:

Opinion:

Luon om chuoi dau – Eel with Green Banana and Tofu

Rating (1–10):

Enjoyed At:

Opinion:

Pho – Noodle Soup

Rating (1–10):

Enjoyed At:

Opinion:

# Small Plates & Cold Dishes

Banh beo – Steamed Rice Cake

Rating (1–10):

Enjoyed At:

Opinion:

Banh cuon – Steamed Rice Rolls

Rating (1–10):

Enjoyed At:

Opinion:

Banh khot – Miniature Savory Pancakes

Rating (1–10):

Enjoyed At:

Opinion:

Goi cuon – Fresh Spring Rolls

Rating (1–10):

Enjoyed At:

Opinion:

Goi ngo sen – Lotus Stem Salad

Rating (1–10):

Enjoyed At:

Opinion:

# Small Plates & Cold Dishes

Nem lui – Lemongrass Pork Skewers

Rating (1–10):

Enjoyed At:

Opinion:

Nem ran / Cha gio – Fried Spring Rolls

Rating (1–10):

Enjoyed At:

Opinion:

Nom hoa chuoi – Banana Blossom Salad

Rating (1–10):

Enjoyed At:

Opinion:

Oc luoc – Boiled Snails

Rating (1–10):

Enjoyed At:

Opinion:

Trung vit lon – Fertilized Duck Embryo

Rating (1–10):

Enjoyed At:

Opinion:

# Desserts & Sweets

Banh da lon – Pork Skin Cake

Rating (1–10):

Enjoyed At:

Opinion:

Banh dau xanh – Mung Bean Pastry

Rating (1–10):

Enjoyed At:

Opinion:

Che – Sweet Soup or Pudding

Rating (1–10):

Enjoyed At:

Opinion:

Me xung – Sesame Peanut Brittle

Rating (1–10):

Enjoyed At:

Opinion:

Sam bo luong – Cooling Herbal Dessert Soup

Rating (1–10):

Enjoyed At:

Opinion:



## Desserts & Sweets

Kem bo – Avocado Ice Cream

Rating (1–10):

Enjoyed At:

Opinion:

Sua chua nep cam – Black Sticky Rice Yogurt

Rating (1–10):

Enjoyed At:

Opinion:

# Drinks

Bia hoi – Fresh Beer

Rating (1–10):

Enjoyed At:

Opinion:

Ca phe den / Ca phe sua da – Black Coffee / Iced Coffee with Milk

Rating (1–10):

Enjoyed At:

Opinion:

Ca phe trung – Egg Coffee

Rating (1–10):

Enjoyed At:

Opinion:

Nuoc dua tuoi – Fresh Coconut Water

Rating (1–10):

Enjoyed At:

Opinion:

Nuoc mia – Sugarcane Juice

Rating (1–10):

Enjoyed At:

Opinion:

# Drinks

Tra Tac – Kumquat Tea

Rating (1–10):

Enjoyed At:

Opinion:

Ruou de / Ruou nep – Rice Wine

Rating (1–10):

Enjoyed At:

Opinion:

Sua dau nanh – Soy Milk

Rating (1–10):

Enjoyed At:

Opinion:

Tra atiso – Artichoke Tea

Rating (1–10):

Enjoyed At:

Opinion: