

Guides and Stories

Culinary Dairy

For your trip to Malaysia

For full dish descriptions check out our **Guide** (<https://guidesandstories.com/best-food-in-malaysia/>)

Design Disclaimer:

The guy who usually designs our PDFs went on a liveaboard trip to French Polynesia and, well... got beautifully lost.

We couldn't bring ourselves to replace him (we love him too much), so we had to put this together ourselves.

Sorry for the layout — we promise the food is better than the formatting.

iPhone users: You can fill this journal using the built-in PDF editor. Save it and make sure to tap Done after editing. Android users: Please download the free Adobe Acrobat Reader app to fill in this file — most default viewers don't support form editing.

Once your trip is over, we'd love to hear what you discovered! If you feel like sharing your filled-out journal, you can send it to food@guidesandstories.com We may use your culinary notes to improve future guides — but don't worry, we never store your name, email, or any personal details.

Main Dishes

Nasi Lemak – Coconut Milk Rice

Rating (1–10):

Where Tried:

Opinion:

Nasi Kerabu – Blue Herb Rice

Rating (1–10):

Where Tried:

Opinion:

Nasi Dagang – Coconut Rice With Tuna

Rating (1–10):

Where Tried:

Opinion:

Main Dishes

Masak Lemak Cili Padi – Spicy Coconut Curry

Rating (1–10):

Where Tried:

Opinion:

Ayam Percik – Grilled Coconut Chicken

Rating (1–10):

Where Tried:

Opinion:

Ikan Bakar – Grilled Banana-Leaf Fish

Rating (1–10):

Where Tried:

Opinion:

Main Dishes

Manok Pansuh – Bamboo-Cooked Chicken

Rating (1–10): Where Tried:

Opinion:

Char Kway Teow – Stir-Fried Flat Noodles

Rating (1–10): Where Tried:

Opinion:

Soups & Stews

Asam Pedas – Sour Spicy Fish

Rating (1–10):

Where Tried:

Opinion:

Asam Laksa – Tamarind Fish Noodles

Rating (1–10):

Where Tried:

Opinion:

Laksa Sarawak – Spiced Coconut Noodles

Rating (1–10):

Where Tried:

Opinion:

Soups & Stews

Laksa Johor – Fish Coconut Spaghetti

Rating (1–10): Where Tried:

Opinion:

Soto Ayam – Turmeric Chicken Soup

Rating (1–10): Where Tried:

Opinion:

Bak Kut Teh – Herbal Pork Rib Soup

Rating (1–10): Where Tried:

Opinion:

Soups & Stews

Mee Rebus – Sweet Savory Noodles

Rating (1–10): Where Tried:

Opinion:

Sup Kambing – Spiced Mutton Soup

Rating (1–10): Where Tried:

Opinion:

Sup Tulang – Bone Marrow Soup

Rating (1–10): Where Tried:

Opinion:

Small Plates & Cold Dishes

Satay – Grilled Meat Skewers

Rating (1–10):

Where Tried:

Opinion:

Otak-otak – Grilled Fish Cake

Rating (1–10):

Where Tried:

Opinion:

Roti Canai – Flaky Flatbread

Rating (1–10):

Where Tried:

Opinion:

Small Plates & Cold Dishes

Roti Jala – Lacy Net Crepes

Rating (1–10):

Where Tried:

Opinion:

Keropok Lekor – Chewy Fish Sausage

Rating (1–10):

Where Tried:

Opinion:

Popiah Basah – Fresh Spring Roll

Rating (1–10):

Where Tried:

Opinion:

Small Plates & Cold Dishes

Pai Tee – Crispy Pastry Cups

Rating (1–10):

Where Tried:

Opinion:

Hinava – Lime-Cured Fish

Rating (1–10):

Where Tried:

Opinion:

Kerabu Mangga – Spicy Mango Salad

Rating (1–10):

Where Tried:

Opinion:

Desserts & Sweets

Cendol – Coconut Jelly Dessert

Rating (1–10): Where Tried:

Opinion:

Ais Kacang – Shaved Ice Sundae

Rating (1–10): Where Tried:

Opinion:

Bubur Cha Cha – Coconut Dessert Soup

Rating (1–10): Where Tried:

Opinion:

Desserts & Sweets

Sago Gula Melaka – Sago With Palm Sugar

Rating (1–10): Where Tried:

Opinion:

Dodol – Sticky Coconut Toffee

Rating (1–10): Where Tried:

Opinion:

Apam Balik – Peanut Corn Pancake

Rating (1–10): Where Tried:

Opinion:

Desserts & Sweets

Putu Piring – Steamed Coconut Cakes

Rating (1–10): Where Tried:

Opinion:

Tau Fu Fa – Silken Tofu Pudding

Rating (1–10): Where Tried:

Opinion:

Onde-onde – Pandan Palm-Sugar Balls

Rating (1–10): Where Tried:

Opinion:

Desserts & Sweets

Seri Muka – Pandan Custard Rice

Rating (1–10):

Where Tried:

Opinion:

Drinks

Teh Tarik – Pulled Milk Tea

Rating (1–10): Where Tried:

Opinion:

Sirap Bandung – Rose Milk Drink

Rating (1–10): Where Tried:

Opinion:

Air Mata Kucing – Longan Herbal Drink

Rating (1–10): Where Tried:

Opinion:

Drinks

Tuak – Borneo Rice Wine

Rating (1–10):

Where Tried:

Opinion:

Lihing – Sabah Rice Wine

Rating (1–10):

Where Tried:

Opinion: