

Guides and Stories

Culinary Diary

For in-depth descriptions of all dishes, check out our post here:

<https://guidesandstories.com/best-food-in-malaysia/>

My Taste of Malaysia

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A token for travelers

This digital diary is a symbol of sustainable travel, built for **reusing and sharing**, just like so many other things should be.

It's meant to be passed on: add your name to the list of owners, and if you meet other food-curious travelers, pass it along. They can get inspiration from your notes, and with a little effort, reuse it to start their own delicious journey. Let's see how many happy travelers this shared experience can create.

iPhone users: You can fill this journal using the built-in PDF editor. Download the file and remember to tap "Done" after each edit.

Android users: Please download the free Adobe Acrobat Reader app to fill in this dairy — most default android viewers don't support form editing

Main Dishes

Nasi Lemak – Coconut milk rice with spicy chili paste and fried anchovies

Rating (1–10): Enjoyed At:

Opinion:

Nasi Kerabu – Blue-colored rice served with fresh herbs and vegetables

Rating (1–10): Enjoyed At:

Opinion:

Nasi Dagang – Coconut rice with a rich tuna curry

Rating (1–10): Enjoyed At:

Opinion:

Masak Lemak Cili Padi – A spicy coconut curry with chilies

Rating (1–10): Enjoyed At:

Opinion:

Ayam Percik – Grilled chicken basted with a spiced coconut sauce

Rating (1–10): Enjoyed At:

Opinion:

Main Dishes

Ikan Bakar – Grilled fish wrapped in a banana leaf

Rating (1–10):

Enjoyed At:

Opinion:

Manok Pansuh – Chicken cooked inside a bamboo stalk

Rating (1–10):

Enjoyed At:

Opinion:

Char Kway Teow – Stir-fried flat rice noodles with prawns and sausage

Rating (1–10):

Enjoyed At:

Opinion:

Soups & Stews

Asam Pedas – A sour and spicy fish stew made with tamarind

Rating (1–10):

Enjoyed At:

Opinion:

Asam Laksa – A tangy, fish-based noodle soup with a sour broth

Rating (1–10):

Enjoyed At:

Opinion:

Laksa Sarawak – Noodle soup from Borneo with a unique coconut broth

Rating (1–10):

Enjoyed At:

Opinion:

Laksa Johor – A thick fish-coconut gravy served with spaghetti

Rating (1–10):

Enjoyed At:

Opinion:

Soto Ayam – A spiced chicken soup with turmeric

Rating (1–10):

Enjoyed At:

Opinion:

Soups & Stews

Bak Kut Teh – A hearty pork rib soup with fragrant herbs

Rating (1–10): Enjoyed At:

Opinion:

Mee Rebus – Yellow noodles in a thick, sweet, and savory gravy

Rating (1–10): Enjoyed At:

Opinion:

Sup Kambing – A fragrant and warming spiced mutton soup

Rating (1–10): Enjoyed At:

Opinion:

Sup Tulang – A rich bone marrow soup, often with beef or mutton

Rating (1–10): Enjoyed At:

Opinion:

Small Plates & Cold Dishes

Satay – Seasoned, skewered, and grilled meat with a peanut sauce

Rating (1–10): Enjoyed At:

Opinion:

Otak-otak – Grilled fish cake wrapped in a banana or coconut leaf

Rating (1–10): Enjoyed At:

Opinion:

Roti Canai – A flaky flatbread served with curry for dipping

Rating (1–10): Enjoyed At:

Opinion:

Roti Jala – Lacy, net-like crepes often served with curry

Rating (1–10): Enjoyed At:

Opinion:

Keropok Lekor – A chewy fish sausage from Terengganu

Rating (1–10): Enjoyed At:

Opinion:

Small Plates & Cold Dishes

Popiah Basah – A fresh, non-fried spring roll

Rating (1–10): Enjoyed At:

Opinion:

Pai Tee – Crispy pastry cups with a savory vegetable filling

Rating (1–10): Enjoyed At:

Opinion:

Hinava – Raw fish cured in lime juice with chili and shallots

Rating (1–10): Enjoyed At:

Opinion:

Kerabu Mangga – A spicy and tangy salad with shredded unripe mango

Rating (1–10): Enjoyed At:

Opinion:

Desserts & Sweets

Cendol – A dessert of shaved ice with green jelly noodles and palm sugar

Rating (1–10): Enjoyed At:

Opinion:

Ais Kacang – A shaved ice sundae with various toppings

Rating (1–10): Enjoyed At:

Opinion:

Bubur Cha Cha – A sweet dessert soup with coconut milk and colorful yams

Rating (1–10): Enjoyed At:

Opinion:

Sago Gula Melaka – Sago pudding served with coconut milk and palm sugar syrup

Rating (1–10): Enjoyed At:

Opinion:

Dodol – A toffee-like, sticky confection made from coconut milk

Rating (1–10): Enjoyed At:

Opinion:

Desserts & Sweets

Apam Balik – A griddle pancake with fillings like peanuts and corn

Rating (1–10): Enjoyed At:

Opinion:

Putu Piring – Steamed rice flour cakes with a sweet palm sugar filling

Rating (1–10): Enjoyed At:

Opinion:

Tau Fu Fa – A soft, silken tofu pudding with sweet syrup

Rating (1–10): Enjoyed At:

Opinion:

Onde-onde – Small glutinous rice balls filled with liquid palm sugar

Rating (1–10): Enjoyed At:

Opinion:

Seri Muka – A two-layered steamed cake with savory rice and sweet custard

Rating (1–10): Enjoyed At:

Opinion:

Drinks

Teh Tarik – A strong, frothy pulled black tea with milk

Rating (1–10): Enjoyed At:

Opinion:

Sirap Bandung – A sweet, pink drink made from rose syrup and milk

Rating (1–10): Enjoyed At:

Opinion:

Air Mata Kucing – A sweet, herbal iced drink from dried longan fruit

Rating (1–10): Enjoyed At:

Opinion:

Tuak – A traditional rice wine from the Iban and Dayak communities

Rating (1–10): Enjoyed At:

Opinion:

Lihing – A type of rice wine from the Kadazan-Dusun people

Rating (1–10): Enjoyed At:

Opinion: