

# Guides and Stories

## Culinary Diary

For in-depth descriptions of all dishes, check out our post here:  
<https://guidesandstories.com/best-food-in-georgia/>

# My Taste of Georgia

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## A token for travelers

This digital diary is a symbol of sustainable travel, built for **reusing and sharing**, just like so many other things should be.

**It's meant to be passed on:** add your name to the list of owners, and if you meet other food-curious travelers, pass it along. They can get inspiration from your notes, and with a little effort, reuse it to start their own delicious journey. Let's see how many happy travelers this shared experience can create.

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**iPhone users:** You can fill this journal using the built-in PDF editor. Download the file and remember to tap "Done" after each edit.

**Android users:** Please download the free Adobe Acrobat Reader app to fill in this dairy — most default android viewers don't support form editing

# Main Dishes

**Khinkali** – Twisted dough dumplings filled with meat and broth

Rating (1–10):  Enjoyed At:

Opinion:

**Mtsvadi** – Grilled meat skewers, often cooked over grapevines

Rating (1–10):  Enjoyed At:

Opinion:

**Shkmeruli** – Roasted chicken in a creamy garlic sauce

Rating (1–10):  Enjoyed At:

Opinion:

**Ojakhuri** – "Family meal" of roasted meat, potatoes, and onions

Rating (1–10):  Enjoyed At:

Opinion:

**Khachapuri** – Famous cheese-filled bread with many variations

Rating (1–10):  Enjoyed At:

Opinion:

# Soups & Stews

**Kharcho** – Rich beef and walnut soup with a tangy plum sauce

Rating (1–10):

Enjoyed At:

Opinion:

**Ostri** – Hearty and spicy beef stew with tomatoes

Rating (1–10):

Enjoyed At:

Opinion:

**Chikhirtma** – Light chicken and egg soup with a tartness

Rating (1–10):

Enjoyed At:

Opinion:

**Chakapuli** – Seasonal stew with lamb, tarragon, and plums

Rating (1–10):

Enjoyed At:

Opinion:

**Lobio** – Hearty bean stew often served in a clay pot

Rating (1–10):

Enjoyed At:

Opinion:

## Small Plates & Cold Dishes

**Pkhali** – Vegetable pâté made with a walnut paste

Rating (1–10):

Enjoyed At:

Opinion:

**Badrijani Nigvzit** – Fried eggplant rolls with a walnut filling

Rating (1–10):

Enjoyed At:

Opinion:

# Desserts & Sweets

**Churchkhela** – Candle-shaped candy made from nuts and grape juice

Rating (1–10):

Enjoyed At:

Opinion:

**Pelamushi** – Traditional pudding made from thickened grape juice

Rating (1–10):

Enjoyed At:

Opinion:

**Gozinaki** – Honey nut brittle, a New Year's treat

Rating (1–10):

Enjoyed At:

Opinion:

# Drinks

**Georgian Wine** – Wine fermented and aged in large clay vessels

Rating (1–10):  Enjoyed At:

Opinion:

**Chacha** – Strong spirit distilled from grape pomace

Rating (1–10):  Enjoyed At:

Opinion: